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Guys Are Waffles, Girls Are Spaghetti



Synopsis

Boy meets Girl; Boy wonders what in the world Girl is talking about and how he will ever keep up. Girl wonders what is wrong with Boy. Enter, Waffles and Spaghettiâ•every teen's guide to figuring out the opposite sex and understanding and valuing our unique differences. In a pivotal time of their development and social lives, teens are left to try and understand one another without much guidance.Â The purpose of this book is to help better understand themselves as well thoseÂ from the "alien gender". Guys' brains are like wafflesâ•they keep their lives compartmentalized in boxes. Girls'Â brains are like spaghettiâ•everything in their life is connected to everything else. This book for teens includes brain development, social habits, differences in emotions, and relationship building skills for teens to develop early in their life.Â Loaded with humor and fun examples, this is a great way for teens to learn about healthy relationships with the opposite sex.

Book Information

Paperback: 240 pages

Publisher: Thomas Nelson (September 13, 2009)

Language: English

ISBN-10: 1400315166

ISBN-13: 978-1400315161

Product Dimensions: 5.4 x 0.6 x 8.4 inches

Shipping Weight: 13 ounces (View shipping rates and policies)

Average Customer Review: 4.2 out of 5 starsÂ Â See all reviewsÂ (70 customer reviews)

Best Sellers Rank: #295,592 in Books (See Top 100 in Books) #59 inÂ Books > Teens > Social Issues > Being a Teen #76 inÂ Books > Teens > Social Issues > Dating & Intimacy #248 inÂ Books > Christian Books & Bibles > Children's & Teens > Teens

Customer Reviews

I have to admit that the title of this book didn't appeal to me and had me wondering if it the content would be as bad as I perceived the title to be. However, I was pleasantly surprised! I am a Christian minister and as such have been involved in a lot of relationship counseling (pre-marital and marital), directing a marriage ministry complete with biannual retreat as well as having a read a number of books on relationships, marital and otherwise. I have to say that this is one of the better books that I have read on the subject. It is entertainingly well-written, wisely insightful and practically applicable. And while, as I said, I read it in spite of the title, the analogy to waffles and spaghetti is actually quite clever, well-employed and helps to make the points memorable. Two things worth noting about this

book:1) While it is apparent that the authors are Christian and that obviously influences the content, it is not overtly religious and as such I don't think that even non-religious folks would be put off by the very occasional reference to their Christian worldview.2) This book is stated to be written for teens, and some of the style of the writing is definitely geared towards the younger set, but I find the content is good for any age group as the principles are universal and ageless.

I looked at this book for my teenage daughter yet found myself reading every word. Chad nails the differences between guys and girls in this book, and he says it in a humorous way that every teen will love. As a dad, I want the absolute best for my daughter. If you want the best for your kids, you can't ignore this book. Nice job Chad.

Ok I am kind of embarrassed to have even read this book since it was my little sisters, but I am really glad I did. She kept pointing out all these "guy" things that I was doing, and why I was doing them. Finally when she was done with the book I decided to pick it up. I really enjoyed reading through this book. Not only did it help me understand why girls act the way they do, but I also learned alot about my guy friends, and how our actions come across. The book is also pretty easy to follow. Instead of just a bunch of psychology and philosophical mind twisting junk, Chad explains some basic differences in a way that I can understand, like humor and football. The whole waffles and spaghetti thing totally makes sense to me. I just really liked this book. I am going to talk to my youth pastor and see if we can use this for our next group discussion.-Kevin/16/PA

Both of my boys enjoyed this book. The cover and title grabbed them immediately, and one started reading it pretty much the minute it arrived. He read straight through it, coming to me frequently with "Did you know...?" and "Hey, I just read that..." comments. He is just starting to think about boys and girls and how they may differ, and I know he really appreciated this look at how his female friends may approach life differently. He loved the editorial comments by the two authors and the layout really appealed to him. His twin brother, who NEVER reads unassigned non-fiction, was so intrigued by his brother's comments that he picked it up and read it second. Although he wasn't as enthralled as his brother, it clearly was a good read for him, too. For my part, I'm not overly crazy about books that make such sweeping generalizations about gendered behavior, but on the other hand, a book with a ton of subtlety would not have been nearly as readable. For a starter introduction to personalities, I think this book is fine. Honestly, I think that for a young person even to get the idea that not everyone ticks in the same way is a valuable message! Great book; does exactly what it

sets out to do.

This is one of my favorite books I rec this for men and women of all ages (this was written for teens, but I actually like this one even more). It explains how men and women, in general, think differently and how their brains are programmed from the womb. It helps in relationship counseling. I gave it to my teen son so he could understand how women think!

This book is well done. I had read the first version for adults Men are like waffles, women are like spaghetti several years ago. I bought this one for my young adult child and it would have been better suited for high school or even jr high age kid. However my daughter get some good information from it.

Great read for all ages. Perfect gift for that teen with angst over opposite sex dealings. Perfect gift for all ages who haven't figured it out yet! You will laugh and shake your head in absolute agreement with much of this book.

This is another great book by Chad Eastham, I was inspired once again by his relatable writing style. This book gives great insight to the opposite sex, and is not dry at all. It is factual and informing, but there are also a lot of things that speak to teens in a personal all way. I for one found it fascinating, and I'm a teenager. I recommend this book to parents and teenagers. This is some really great stuff younger and older people should know so we can understand each other better. I highly recommend reading all his books (but if you are a guy then I bet you can skip "The Truth About Guys")!!!

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